



**Integrity, Inclusion, Education, Excellence**

**EGRA 2016 Winter Washout /ABC Format**

**Hosted By: East Grand Rapids Aquatics**

**Dec. 2-4, 2016**

**Sanction** - This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI1617015**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as is fully set forth in these meet rules.

**Location - East Grand Rapids Community Pool**

2211 Lake Drive SE, East Grand Rapids, MI 49506

The entrance to the pool is on Wealthy Street which is one block north of Lake Drive.

*Directions:*

Traveling I-96: Take the E. Beltline exit and go south to Lake Drive. Turn right and you will come to a stop sign. Follow the road to the right and go to the 2<sup>nd</sup> stop light. Turn right (Lakeside Drive SE) and then turn left after the football field (Wealthy Street). The pool is on your left.

Traveling US-131: Take the Wealthy Street exit and go east. Go several miles and you will see the pool on your right.

<b>Times: Friday, Dec. 2</b>	Warm-up starts: 5pm; Events begin: 6pm
<b>Saturday, Dec. 3 AM</b>	Warm-up starts: 8am; Events begin: 9am
<b>Saturday, Dec. 3 PM</b>	Warm-up starts: 1pm; Events begin: 2pm
<b>Sunday, Dec. 4 AM</b>	Warm-up starts: 8am; Events begin: 9am
<b>Sunday, Dec. 4 PM</b>	Warm-up starts: 1pm; Events begin: 2pm

**Motels** – Use your favorite hotel booking site.

**Facilities** - East Grand Rapids Community Pool, is a(n) 10 lane pool a diving well for supervised warm-up and warm down. Up to 10 lanes may be used for competition at the discretion of the Meet Referee and Meet Director. Depth at start is 7' and 7' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with a 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C (4).

**Eligibility** - EGRA 2016 Winter Washout is for those swimmers with A, B, or C times. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on December 2, 2016 will determine his/her eligibility for a particular age group.

**Deck Registration** - Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$148.00 per swimmer for 2016-17 registration).

**Meet Format** - This meet is an ABC format using the Michigan Swimming ABC time standards. Age groupings are 6&U (25 Back and 25 Free only), 8&U, 10&U, 11-12, and Open.

**Entry Limits** - Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

**Swimmers Without A Coach** - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Individual Entry Limits** - Swimmers may enter a maximum of (4) individual events plus (1) relay per day on Saturday and Sunday. Swimmers may enter (2) individual events on Friday.

**Electronic Entries** - **\$5.00** per individual event and **\$12.00** for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: East Grand Rapids Aquatics.

**Paper Entries** - MS rules regarding non-electronic entries apply. **\$6.00** per individual event and **\$13.00** for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry Procedures** - Entries may be submitted to the Administrative Official as of **Monday, November 7<sup>th</sup> 2016 at 9:00 AM**. The Administrative Official must receive all entries no later than **Sunday, November 27<sup>th</sup> 2016 at Noon**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the Administrative Official at **entries@egrawaves.com**. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered

provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete EGRA 2015 Winter Washout entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>.

**Refunds** - Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

**Entries** - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**EGRA 2016 Winter Wash Out**

**ATTN: Brandon Converse**

**1910 Sherwood Drive SE**

**Grand Rapids, MI 49506**

**Administrative Official: Ruth Andegeko** [entries@egrawaves.com](mailto:entries@egrawaves.com)

**Check In** - Check in will be required. If required, it will be available **30 minutes before warm-ups. There will be a separate check-in for the Open 500 Free which will close at 10am on Sunday, Dec. 4.** Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway leading to the locker rooms.

**Scratch Rules** - Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

**Marshaling** - All events are self marshalled.

**Seeding** - Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the 1650 Free which will be seeded fastest to slowest (alternating genders-women/men).

**Deck Entries/Time Trials** - Deck entries will be taken if time permits at the discretion of the Meet Referee and Meet Director. Deck entries will close when check-in closes. The cost is \$7.50 per event. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should

then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.

**Meet Programs/Admissions** - Admissions: \$5 per person. 10&U are free.

Heat sheets will be available for \$2.00.

**Scoring** - Team Scores will be kept. Trophies will be given to the top 5 teams

**Awards** - 12&U Events

- Medals 1-3 in A/B/C
  - Ribbons 4-8 in A/B/C
  - Relays 1-3 Medals; 4-8 ribbons
  - *Special category for 6&Unders in the 25 Free and 25 Back.*
  - No awards for Open.
- 
- **Power Point:** the top 3 finishers in Hy-Tek Power points for 10&Unders, 11-12 and 13-14 year olds will receive a trophy. 8 best individual events will be used to calculate the total score. Hy-Tek power points are points awarded to a swim based on time.

**Results** - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions** - Food and beverages will be available in concessions near entrance. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Suit vendor** - Making Waves

**T-Shirts** - Earthbound (Saturday only)

**Lost and Found** - Articles may be turned in/picked up at pool deck office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety** - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

**Deck Personnel/Locker Rooms/Credentialing** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the hallway to the locker rooms. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team name as well as the function of the individual being granted access to the

pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities** - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**General Info** - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

**First Aid** - Supplies will be kept in lifeguard office.

**Facility Items –**

- (A) No smoking is allowed in the building or on the grounds of East Grand Rapids Community Pool.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

**Meet Director** – Brandon Converse 616-460-5630 [coachconverse@egrawaves.com](mailto:coachconverse@egrawaves.com)

**Meet Referee** – Steve Weeks [steve.weeks@evoqua.com](mailto:steve.weeks@evoqua.com)

**Safety Marshal** – Andy Milnes

**Administrative Official** – Ruth Andegeko [entries@egrawaves.com](mailto:entries@egrawaves.com)

## EGRA 2016 Winter Washout – Event List

Sanction Number: MI 1617015

### Friday, Dec. 2

<u>Girls</u>	<u>Warm-up 5:00pm, Start 6:00pm</u>	<u>Boys</u>
1	Open 400 IM	2
3	12&Under 200 IM	4
5	12&Under 500 Free	6
7	Open 1650	8

### Saturday, December 3

<u>Girls</u>	<u>Warm-up, 8am; Start, 9am</u>	<u>Boys</u>
9	10&U 100 Free	10
11	8&U 25 Free*	12
13	10&U 50 Back	14
15	8&U 50 Back	16
17	10&U 100 Fly	18
19	8&U 25 Fly	20
21	10&U 50 Breast	22
23	8&U 25 Back*	24
25	10&U 100 IM	26
27	8&U 200 Free Relay	28
29	10&U 200 Free Relay	30

### Saturday, December 3

<u>Girls</u>	<u>Warm-up, 1pm; Start, 2pm</u>	<u>Boys</u>
31	Open 100 Breast	32
33	11-12 100 Free	34
35	Open 50 Free	36
37	11-12 50 Back	38
39	Open 200 Back	40
41	11-12 100 Fly	42
43	Open 100 Fly	44
45	11-12 50 Breast	46
47	Open 200 IM	48
49	11-12 200 Free Relay	50
51	Open 200 Free Relay	52

**Sunday, December 4**

<b><u>Girls</u></b>	<b><u>Warm-up, 8am; Start 9am</u></b>	<b><u>Boys</u></b>
53	10&U 100 Back	54
55	8&U 100 IM	56
57	10&U 50 Free	58
59	8&U 50 Free	60
61	10&U 100 Breast	62
63	8&U 25 Breast	64
65	10&U 50 Fly	66
67	8&U 100 Free	68
69	10&U 200 Free	70
71	8&U 200 Medley Relay	72
73	10&U 200 Medley Relay	74
75	Open 500 Free	76

**Sunday, December 4**

<b><u>Girls</u></b>	<b><u>Warm-up, 1pm; Start 2pm</u></b>	<b><u>Boys</u></b>
77	11-12 200 Free	78
79	Open 200 Free	80
81	11-12 50 Free	82
83	Open 100 Back	84
85	11-12 100 Back	86
87	Open 200 Breast	88
89	11-12 100 Breast	90
91	Open 100 Free	92
93	11-12 50 Fly	94
95	Open 200 Fly	96
97	11-12 200 Medley Relay	98
99	Open 200 Medley Relay	100







## Meet Evaluation Form

Sanction Number: MI 1617015

Name of Meet: EGRA 2016 Winter Washout

Date of Meet: December 2-4, 2016

Host of Meet: EGRA

Place of Meet: East Grand Rapids Community Pool

Who do you represent (circle)?      Host Club                      Visiting Club                      Unattached

Describe yourself (circle)      Athlete      Coach      Official      Meet Worker      Spectator

### Please rate the overall quality of this meet:

(Please write any comments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Co Vice-Chair (Mike Cutler and Steve Shipp) and the Michigan Swimming Office (Dawn Gurley and John Loria) within 30 days.